



Welcome to Beverly Acquisto
Studio of Dance

In this brochure, you will find all our
class information for 2022. BASD
hopes to offer new and exciting
classes this year.

See you on the dance floor!

474 Albert Street, Waterkloof
0823776222
acquistodance@gmail.com

Ballet

The studio offers RAD and Cecchetti ballet classes.
We have several types of classes on offer.

RAD ballet Tiny Tots to Primary Grade 7

In these classes, we follow and teach the
RAD grade syllabus. Dancers are eligible
to complete the relevant grade exam at
the end of the year. New dancers may start
at a Tiny Tot, Pre-Primary, or Primary
grade, depending on their age.

RAD ballet Vocational Grades

In these classes, we teach the RAD vocational
syllabi. These are the Intermediate Foundation
to Associate Level syllabi. These syllabi
include Barre, Centre, and Pointe work.
Dancers are eligible to complete the relevant
exam at the end of the year, granted they meet
the attendance requirement of a at least 3
hours of class per week. New dancers may
start at an Intermediate Foundation Level,
dependent on previous dance experience. All
further levels require the candidate to pass the
previous level's exam.

RAD Ballet Silver Swans

BASD is thrilled to announce that they are
now an official facilitator of the RAD Silver
Swans ballet programme - we are the only
studio in South Africa! This class is
specifically for women and men above the
age of 55. We follow the official RAD Silver
Swan syllabus, which focuses on ballet
technique while improving balance, flexibility,
and strength in a gentle but challenging way.
No previous dance experience is necessary.

Adult Ballet

One of our most popular classes. This class
is open to women and men of 16 years and
older. Our classes draw on the Discovering
Repertoire syllabus and Beverly's years of
experience in teaching Ballet and Pilates.
The class is aimed at a beginner to
intermediate level and includes body
conditioning, barre work and centre work.

Cecchetti ballet

Beverly is a fully qualified Cecchetti
facilitator and teacher. While the RAD
syllabi may be more popular in SA, the
Cecchetti syllabus offers immaculate ballet
training and is internationally recognised.
Classes are available upon request.

Modern

The studio offers the full AIDT Modern syllabus.

Junior Modern

Modern is a combination of Jazz and Contemporary dance. In these classes, we follow and teach the AIDT Grade syllabi. These syllabi include Barre and Centre work. Dancers are eligible to complete the relevant exam at the end of the year. New dancers may start at any grade level, dependent on their age and previous dance experience.

Senior Modern

In these classes, we teach the AIDT Levels syllabi. These start at Elementary and end at Associate Level. Dancers are eligible to complete the relevant exam at the end of the year, granted they meet the attendance requirement of at least 3 hours of class per week. New dancers may start at Elementary Level, dependent on their previous dance experience. All further levels require the candidate to pass the previous level's exam.

Acro

In 2022, the studio will now offer the full AFSA syllabus and be South African Gymnastics Federation affiliated.

Acrobatic dance combines classical dance technique with precision acrobatic elements. It is defined by its athletic character and seamlessly blends dance and acrobatics in a dance context. Acro is a challenging dance style as it requires dancers to be trained in both dance and acrobatic skills; dancers must be in excellent physical condition as it is a physically demanding activity. Through this class, dancers will be eligible to achieve their North Gauteng and South African gymnastics colours and/or complete an AFSA exam at the end of the year.

Tap

The studio offers the full AIDT Tap syllabus.

We offer the full AIDT Tap syllabus, from Pre-Grade to Associate. The Pre-Grade to Yellow Star levels are aimed at younger dancers, while new adult dancers can start at Bronze Lower Level. Class placement is based on age and previous dance experience but our Silver to Associate senior levels require the candidate to have passed the Bronze Level exam(s).

Contemporary

The studio offers classes that draw on multiple syllabi and styles.

Contemporary dance subverts the technique of ballet for more freedom of movement. There are many styles of contemporary, including African contemporary, which is very popular locally. Our classes draw on the IDF Lyrical and AIDT Modern syllabi as well as our teachers' years of experience in other popular styles. In class, students will be exposed to proper dance technique as well as floor work, flexibility training, and new weekly choreography. Please note that dancers must be enrolled in Ballet, Modern, Acro, or Tap at BASD and have at least 2 years dance experience to join the Senior class.

Hip Hop

The studio offers these classes exclusively to juniors as a fun way to get moving.

We draw on the AIDT Hip Hop syllabus but also our teachers' years of experience in free-style dance.

Competition classes

These are only on offer to students who are enrolled in Ballet, Modern, Acro, or Tap with us.

Competitions are an awesome way for dancers to work toward a goal, gain confidence, and be rewarded. In 2022, BASD plans to participate in Dance Fusion, SA Dance School Champs, and A-Arts festival, at least.

Your solo will be taught to you in two private choreography classes and thereafter, we will work on polishing your dance to perfection.

Dancers can enter in the Ballet, Modern, Contemporary, Jazz, Tap, and Acro categories and may do more than one solo.

Choreography classes are charged at R250 per class and polishing is charged at R100 per private class and R50 per group class.

Competition fees start from R150 per solo, and get higher depending on how many solos you want to enter and how big the competition is.

Dancers will also need to buy a BASD jacket to wear on stage at the prize giving and may also have to pay costume hire fees. All above fees are billed separately to your monthly invoice.

Please note that students need to be enrolled and committed to a Ballet, Modern, Acro or Tap class at the studio to enter competitions and that interest in competition classes should be indicated on the enrolment form.

DanceFit

The studio offers this fun exercise class to adults who just want to dance!

Want to dance like nobody's watching but scared someone might be? - this class is for you. In this class, we blend Ballet, Modern, Contemporary, and Hip Hop technique to create a fun exercise session with popular music and no judgement. We focus on cardio with a touch of body strengthening and flexibility, creating a well-rounded workout. No dance experience required.

Dance for special occasions

Let us handle your wedding dance!

Our many special choreographers and teachers can assist you in choreographing a special dance for any occasion. These are short-term classes and are arranged on request.

Fitness League

Please contact Leslie Baragwanath on 083 471 6752 for more details.

DSG

The studio offers three different classes at this local school.

At DSG, we offer three genres - RAD Ballet, Acro-Modern-Hip Hop and Contemporary -Jazz.

In our Ballet classes, we teach the RAD grade syllabus. These classes serve as an introduction to Classical ballet and dancers may be eligible to complete the relevant RAD grade exam at the end of the year, with a bit of extra free practise at the studio.

In our Acro-Modern-Hip Hop and Contemporary-Jazz classes, we draw on the AFSA Acro syllabus and the AIDT Modern and Hip Hop syllabus to present a fun, well-rounded class for students who just want to dance popular styles to popular music. There is no exam attached to this genre.

Curious Minds

The studio offers a general ballet class at this local school.

Dance fun for boys and girls. Learn ballet to improve co-ordination, flexibility, cardiovascular fitness, core strength, and musical appreciation. We use a fun, laidback approach.

Uniform

BALLET

Tiny Tots to RAD Primary Gr 8 level, including

DSG Dancers

- Pink or burgundy leotard (according to class level)
- Pink ballet shoes and ballet shoe covers (Red Rain)
- Pink or burgundy ballet skirt

Adult Ballet

- Leotard of any colour
- Full-length leggings (summer) and/or tights and ballet skirt (year-round), no shorts allowed
- Pink or black ballet shoes (Red Rain)
- Theraband
- Yoga mat
- Small Pilates Ball (marked with name)
- R30 cash p/month for car guard

Silver Swans

- Black leotard
- Black Ballet skirt
- Leggings or ballet tights
- Theraband

Vocational Grades

- Black of navy leotard
- Ballet skirt of any colour
- Ballet tights, no shorts or leggings
- Pointe shoes to be fitted at Ballet Barre
- Theraband

MODERN

Junior & Senior Modern

- Burgundy or black leotard
- Black dance shorts or full-length leggings
- Bare beige footless stockings
- Foot undies (optional)
- Theraband

TAP

- Burgundy or black leotard
- Black dance shorts or full-length leggings
- Bare beige footed stockings
- Black tap shoes (fixed taps preferred)
- Theraband

HIP HOP, including DSG dancers

- Black sweatpants
- Red t-shirt/vest top
- Sneakers/takkies

CONTEMPORARY

- Burgundy or black leotard
- Black dance shorts or full-length leggings
- Bare beige footless stockings
- Foot undies (optional)

ACROBATICS

- Burgundy or black long or short uniform (one piece)
- Foot undies (optional)

DANCEFIT

- Burgundy or black leotard
- Black dance shorts or full-length leggings
- Bare beige footless stockings
- Foot undies (optional)
- Yoga mat
- Theraband
- Small Pilates ball

HAIR (All styles)

- All hair that is shoulder-length or longer must be tied up and away from the face in a bun.
- Flyaways and fringes must be clipped back
- No ponytails or loose hair.
- Acrobatics students may wear tight braids
- Short hair that is close to the scalp in braids, cornrows, short dreads, short weaves, etc. are welcome.
- Short hair, that cannot fit into a hair tie, and that is not close to the scalp should be drawn back from the face with clips and/or ballet band.

Fees

Quoted monthly

Ballet

- B001 Tiny Tots & RAD Pre-Primary (2 classes p/w) R480
- B002 RAD Primary Gr. 1-3 (2 classes p/week) R480
- B003 RAD Primary Gr. 4-8 (2 classes p/week) R490
- B004 RAD Intermediate Foundation (3 p/week) R620
- B005 RAD Intermediate (3 classes p/week) R720
- B006 RAD Advanced 1 & 2 (3 classes p/week) R780
- B007 RAD Associate (3 classes p/week) R840
- B008 RAD Silver Swans (1 class p/week) R320
- Cecchetti Price on request
- D003 Adult Ballet (2 classes p/w) R560

Modern

- M001 AIDT Junior (2 classes p/week) R460
- M002 AIDT Senior (3 classes p/week) R650

Acro

- A001 AFSA Junior (2 classes p/week) R370
- A002 AFSA Senior (2 classes p/week) R370

Hip Hop

- H001 Junior (1 class p/week) R380

Contemporary

- D001 Junior (1 class p/week) R380
- D002 Senior (1 class p/week) R320

DSG

- D004 Modern/Acro/Hip Hop (1 class p/week) R300
- D005 Classical Ballet (1 class p/week) R300
- D008 Jazz/Contemporary (1 class p/week) R300

Curious Minds

- D006 Ballet + Dance (1 class p/week) R300

DanceFit

- D007 Dance (1 class p/week) R320

Competition classes

- Choreography classes (2) R250 p/class
- Polishing R100 p/private class
- Polishing R50 p/group class
- BASD Jacket R500
- Competition fees charged separately

Tap

- T001 AIDT Pre-Grade (1 class p/week) R380
- T002 AIDT Red Star (1 class p/week) R380
- T003 AIDT Blue Star (1 class p/week) R380
- T004 AIDT Yellow Star (1 class p/week) R380
- T005 AIDT Bronze Lower/Higher (2 c p/week) R500
- T006 AIDT Silver Lower/Higher (2 c p/week) R500
- T007 AIDT Gold Lower/Higher (2 cl p/week) R500

Transport from Brooklyn Primary
Shuttle service to studio R80

*Transport fee to be paid separately
to your dance account with the
reference: Transport/Dancer's name

BANKING DETAILS:

Account name: Beverly Acquisto
Bank: First National Bank
Branch: Hatfield (2521450)
Account Number: 62097366415
Reference: Parent's name



Year: **2022**

YEAR PLANNER

January

12 BASD opens for 2022

17-29 Open Weeks (try any class for free without enrolling; bring a friend with too!)

31 Enrolment compulsory

February

March

21 Human Rights Day (BASD remains open for Adult Ballet and senior students)

RAD and AIDT exams

April

15-18 BASD closed for the Easter weekend

27 Freedom Day (BASD remains open for Adult Ballet and senior students)

May



June

16 Youth Day (BASD remains open)

17 school holiday (BASD remains open)

24 BASD closes for school holidays (Adult Ballet and DanceFit to continue)

July

19 BASD classes resume

August

8 (BASD remains open)

9 Women's Day (BASD remains open)



September

24 Heritage Day (BASD remains open)

October

5 BASD show

November



December

7 BASD closes for 2022

Please note that all times listed are subject to change based on interest and attendance

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
07:00	Studio closed	Ballet Intermediate	Ballet Advanced 1 & 2	Ballet Intermediate	Studio closed						
07:15											
07:30											
07:45											
08:00											
08:15						Ballet Gr 1					
08:30	Fitness League	Fitness League	Fitness League	Fitness League	Ballet Silver Swans	Ballet Gr 0 Primary					
08:45											
09:00											
09:15											
09:30											
09:45	Associate Modern	Associate Modern	Associate Modern			Ballet Pre-Primary/Tiny Tots					
10:00											
10:15											
10:30											
10:45											
11:00		Ballet Advanced 2				Acro					
11:15						Competition class (all genres)					
11:30											
11:45											
12:00											
12:15											
12:30											
12:45											
13:00											
13:15											
13:30											
13:45											
14:00		Ballet Pre-Primary RAD/Tiny Tots (40 minutes)	Acro	Ballet Pre-Primary RAD/Tiny Tots (40 minutes)	Ballet Gr 3						
14:15											
14:30											
14:45											
15:00	Ballet Gr 1 (Starts 14:40)						Ballet Gr 1 (Starts 14:40)	Junior Hip Hop			
15:15	Ballet Intermediate Foundation	Modern Gr 1/2	Ballet Intermediate Foundation	Ballet Intermediate Foundation	Ballet Intermediate Foundation						
15:30											
15:45											
16:00											
16:15						Modern Gr 4/Pre-Elementary		Modern Gr 4/Pre-Elementary	Junior Contemporary		
16:30	Tap Bronze Lower/Higher	Tap Bronze Lower/Higher			Senior Contemporary						
16:45											
17:00											
17:15											
17:30						Ballet Advanced 1 & 2	Adult ballet	Ballet Advanced 1 & 2			
17:45											
18:00	Dance Fit										
18:15											
18:30											
18:45											
19:00											

Exams/experience necessary to enrol

St Mary's DSG

Wed	Time	Class
	13:15	Gr 00/0 RAD Ballet
	13:30	Gr 00 Acro Modern Hip
	13:45	Gr 00 Acro Modern Hip Hop
	14:00	Gr 1-3 RAD Ballet
	14:15	Gr 1-3 RAD Ballet
	14:30	Gr 1-3 RAD Ballet
	14:45	Gr 1-3 Acro Modern Hip
	15:00	Gr 1-3 Acro Modern Hip
	15:15	Gr 4-7 Contemporary
	15:30	Jazz

Curious Minds

Thursday	Time	Class
	14:00	Ballet + Dance
	14:15	
	14:30	
	14:45	